



Mishawaka

611 East Douglas Road, Suite 207
Mishawaka, IN 46545
574-272-5347

Plymouth

1919 Lake Ave., Suite 107B
Plymouth, IN 46563
574-272-5347

Welcome to the XRC! Thank you for choosing our practice to meet your healthcare needs.

Please fill out the enclosed demographic and history forms prior to your appointment on:

Please bring all of these completed forms, along with your insurance identification card(s) and a photo ID, such as your driver's license, to your appointment.

Our facility is located in the Plymouth Medical Office Building 2.
1919 Lake Ave Suite 107B, Plymouth IN 46563.

Please see enclosed map.

During your care you may receive a Patient Satisfaction Survey. We ask that you take a few minutes to let us know you were satisfied with our services. Your opinions are important to us!

We look forward to seeing you at your appointment. If you have any questions in the meantime, please do not hesitate to call or email me.

Sincerely,

Sharon Osthimer
574.272.5347
574.272.8617, fax
sosthimer@xrcmi.com



Mishawaka

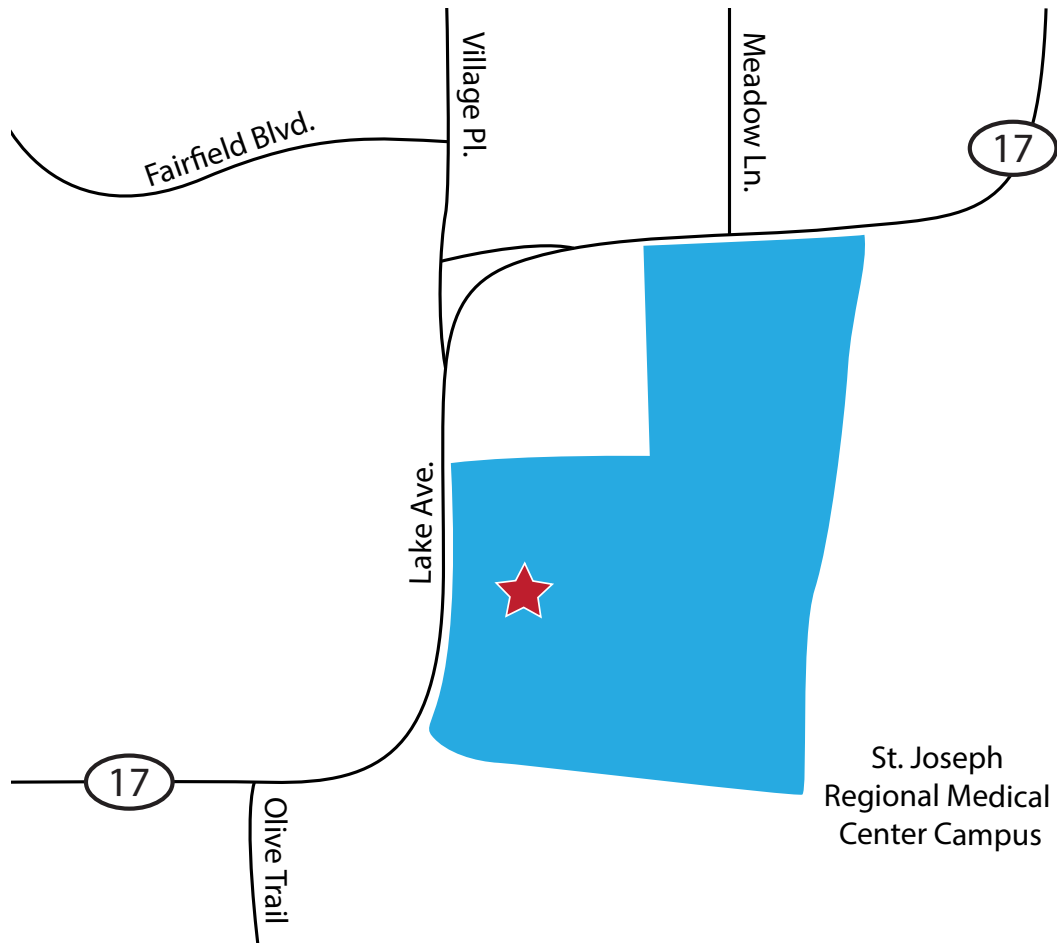
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A Division of X-Ray Consultants, Inc.

Patient Intake Form – Venous History

Patient Name: _____ Date of Birth: _____ Referred by: _____

Address: _____ City/State: _____ Zip: _____

Gender: M___ F___ Marital Status: _____ *Email Address: _____

Race: American Indian___ Asian___ Black/African American___ Hawaiian/Pacific Islander___ White___

Ethnicity: Hispanic___ Non-Hispanic___

Smoking Status: Daily___ Some___ Former___ Never___

Environmental Allergies: _____

Medication Allergies: _____

Primary Care Physician: _____

Medications Currently Taking

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

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Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Medication: _____ Dosage: _____ Frequency: _____ Prescribed by: _____

Preferred Pharmacy: _____



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Patient Name: _____ Date of Birth: _____

Please indicate in which leg you have the following symptoms:

	Left Leg	Right Leg
Edema (swelling)	_____	_____
Pain location	_____	_____
Tiredness/Heaviness	_____	_____
Ulceration	_____	_____
Skin Color Changes	_____	_____
Spider Veins	_____	_____
Varicose Veins	_____	_____
Spontaneous bleeding from veins	_____	_____

How long have you had vein symptoms in your legs? _____ , months or years?

See the list below, please check the box next to the ADL (activity of daily living) that is limited by your leg symptoms and explain below:

Basic ADLs

Basic ADLs consist of self-care tasks that include, but are not limited to:

- | | |
|--|---|
| <input type="checkbox"/> Functional mobility, often referred to as "transferring" (moving from one place to another while performing activities) | <input type="checkbox"/> Personal hygiene and grooming (including brushing/ combing/styling hair) |
| <input type="checkbox"/> Bathing and showering (washing the body) | <input type="checkbox"/> Toilet hygiene (getting to the toilet, cleaning oneself) |
| <input type="checkbox"/> Dressing | |
| <input type="checkbox"/> Self-feeding (not including cooking or chewing and swallowing) | |

Instrumental and other ADLs

Instrumental activities of daily living (IADLs) are not necessary for fundamental functioning, but they let an individual live independently in a community:

- | | |
|--|--|
| <input type="checkbox"/> Housework | <input type="checkbox"/> Care of others (including selecting and supervising caregivers) |
| <input type="checkbox"/> Preparing meals | <input type="checkbox"/> Child rearing or caring for grandchildren |
| <input type="checkbox"/> Shopping for groceries or clothing | <input type="checkbox"/> Safety procedures and emergency responses |
| <input type="checkbox"/> Care of pets | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Transportation within the community | _____ |
| <input type="checkbox"/> Home establishment and maintenance | |
| <input type="checkbox"/> Religious observances | |
| <input type="checkbox"/> Health management and maintenance | |



1. Have you had any prior treatment for varicose veins? Yes___ No___
If yes, dates of treatment_____
2. Do you have any history of ulcerations? Yes___ No___
If yes, have they improved over time? Yes___ No___
3. Have you ever had clots in veins or deep vein thrombosis? Yes___ No___
4. Do you wear support stockings/hose? Yes___ No___
If yes, are they prescription___ or over-the-counter___?
If yes, are they knee high___ or thigh high___?
How long have you worn them?_____
- Have symptoms improved? Yes___ No___
5. Do you take pain medication for your varicose/spider veins Yes___ No___
If yes, does the medication help? Yes___ No___
6. Do you elevate your legs to relieve your symptoms? Yes___ No___
If yes, does elevating your legs help? Yes___ No___
7. Are your symptoms worse at the end of the day?. Yes___ No___
8. What other things do you do to alleviate symptoms?_____
9. Have you ever gone to the emergency room because of your varicose veins? Yes___ No___
10. Do you have any family history of varicose/spider veins? Yes___ No___
If yes, relationship to you_____
11. Are you presently employed? Yes___ No___
If yes, what is your position?_____
- Do you sit or stand for long periods of time? Yes___ No___
If yes, how many hours per day?___
How do your symptoms affect your ability to perform your job?_____
13. Are you currently or have you been on any hormone therapy or birth control pills? Yes___ No___
If yes, please list_____
14. Have you ever taken the acne drug Dynacin, Minocin or Minocycline? Yes___ No___
If yes, please list_____
15. Do you experience pelvic pain or fullness? Yes___ No___
16. Do you experience migraine headaches? Yes___ No___
17. Have you ever had a reaction to anesthesia? Yes___ No___
18. Do you have a heart defect? Yes___ No___
If yes, please describe_____
19. Have you had ANY pregnancies? Yes___ No___
If yes how many?___
Did symptoms worsen after pregnancy? Yes___ No___
20. Are you currently pregnant? Yes___ No___
21. Are you currently nursing/breast feeding? Yes___ No___
22. Do you have or have you had vulvar varicosities? Yes___ No___



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Patient Demographics

Last Name	First Name	Middle Initial
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Patient's Date of Birth	Patient's Social Security Number
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Street Address

City	State	Zip Code
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Home Phone	Cell Phone	Work Phone
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Employer	Employer Address
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City	State	Zip Code
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Responsible Party *(ONLY if the person who carries the insurance is NOT the patient)*

Last Name	First Name	MI
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Responsible Party's Date of Birth	Responsible Party's Social Security Number
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*****PLEASE LIST YOUR REFERRING, FAMILY OR OTHER DOCTOR'S NAME IF YOU WOULD LIKE THEM TO RECEIVE INFORMATION ABOUT YOUR CARE FROM OUR OFFICE*****

Doctor 1

Doctor 2

Doctor 3

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