



**Mishawaka**

611 East Douglas Road, Suite 207  
Mishawaka, IN 46545  
574-272-5347

**Plymouth**

1919 Lake Ave., Suite 107B  
Plymouth, IN 46563  
574-272-5347

Welcome to the XRC! Thank you for choosing our practice to meet your healthcare needs.

Please fill out the enclosed demographic and history forms prior to your appointment on:

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**Please bring all of these completed forms, along with your insurance identification card(s) and a photo ID, such as your driver's license, to your appointment.**

Our facility is located in the Medical Office Building (MOB) attached to Saint Joseph Regional Medical Center.

**611 E. Douglas Road, Suite 207, Mishawaka, IN 46545.**

**Please see enclosed map.**

During your care you may receive a Patient Satisfaction Survey. We ask that you take a few minutes to let us know you were satisfied with our services. Your opinions are important to us!

We look forward to seeing you at your appointment. If you have any questions in the meantime, please do not hesitate to call or email me.

Sincerely,

Sharon Osthimer  
574.272.5347  
574.272.8617, fax  
sosthimer@xrcmi.com



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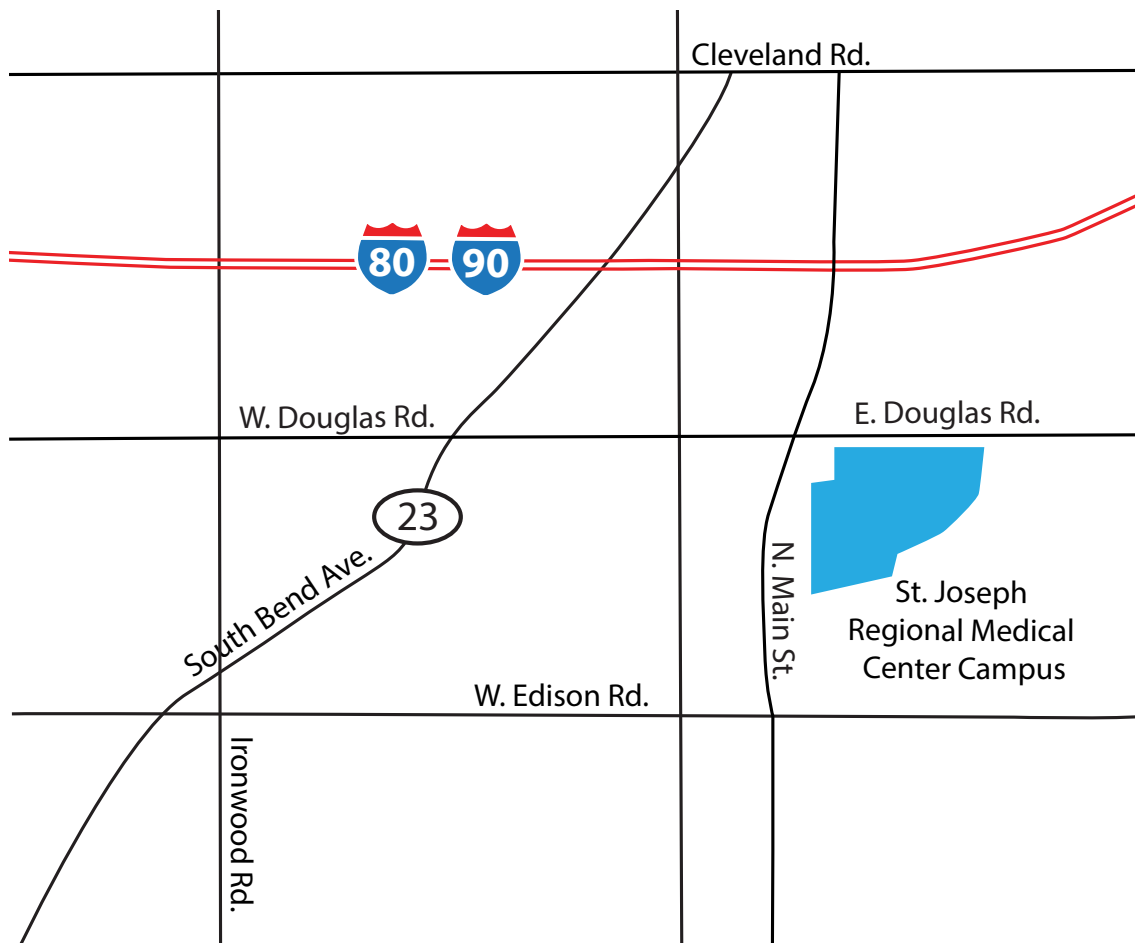
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**611 East Douglas Road • Suite 207 • Mishawaka, IN 46545**

Enter the MOB under the #1 entrance facing Douglas Road.

Elevators are located in the hallway to the right.

At the second floor, turn to your right, Suite 207 will be straight ahead.



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A Division of X-Ray Consultants, Inc.

## Patient Intake Form – Venous History

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Referred by: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender: M\_\_\_ F\_\_\_ Marital Status: \_\_\_\_\_ \*\*Email Address: \_\_\_\_\_

Race: American Indian\_\_\_ Asian\_\_\_ Black/African American\_\_\_ Hawaiian/Pacific Islander\_\_\_ White\_\_\_

Ethnicity: Hispanic\_\_\_ Non-Hispanic\_\_\_

Smoking Status: Daily\_\_\_ Some\_\_\_ Former\_\_\_ Never\_\_\_

Environmental Allergies: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

### Medications Currently Taking

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

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Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_ Prescribed by: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_

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Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please indicate in which leg you have the following symptoms:

	Left Leg	Right Leg
Edema (swelling)	_____	_____
Pain location	_____	_____
Tiredness/Heaviness	_____	_____
Ulceration	_____	_____
Skin Color Changes	_____	_____
Spider Veins	_____	_____
Varicose Veins	_____	_____
Spontaneous bleeding from veins	_____	_____

How long have you had vein symptoms in your legs? \_\_\_\_\_ , months or years?

See the list below, please check the box next to the ADL (activity of daily living) that is limited by your leg symptoms and explain below:

### Basic ADLs

Basic ADLs consist of self-care tasks that include, but are not limited to:

- |  |  |
|--|--|
| <input type="checkbox"/> Functional mobility, often referred to as “transferring” (moving from one place to another while performing activities) | <input type="checkbox"/> Personal hygiene and grooming (including brushing/combing/styling hair) |
| <input type="checkbox"/> Bathing and showering (washing the body)  | <input type="checkbox"/> Toilet hygiene (getting to the toilet, cleaning oneself)                |
| <input type="checkbox"/> Dressing  |  |
| <input type="checkbox"/> Self-feeding (not including cooking or chewing and swallowing)  |  |

### Instrumental and other ADLs

Instrumental activities of daily living (IADLs) are not necessary for fundamental functioning, but they let an individual live independently in a community:

- |  |  |
|--|--|
| <input type="checkbox"/> Housework                           | <input type="checkbox"/> Care of others (including selecting and supervising caregivers) |
| <input type="checkbox"/> Preparing meals                     | <input type="checkbox"/> Child rearing or caring for grandchildren                       |
| <input type="checkbox"/> Shopping for groceries or clothing  | <input type="checkbox"/> Safety procedures and emergency responses                       |
| <input type="checkbox"/> Care of pets                        | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Transportation within the community | _____  |
| <input type="checkbox"/> Home establishment and maintenance  |  |
| <input type="checkbox"/> Religious observances               |  |
| <input type="checkbox"/> Health management and maintenance   |  |



1. Have you had any prior treatment for varicose veins? . . . . . Yes\_\_\_ No\_\_\_  
If yes, dates of treatment\_\_\_\_\_
2. Do you have any history of ulcerations? . . . . . Yes\_\_\_ No\_\_\_  
If yes, have they improved over time? . . . . . Yes\_\_\_ No\_\_\_
3. Have you ever had clots in veins or deep vein thrombosis? . . . . . Yes\_\_\_ No\_\_\_
4. Do you wear support stockings/hose? . . . . . Yes\_\_\_ No\_\_\_  
If yes, are they prescription\_\_\_ or over-the-counter\_\_\_?  
If yes, are they knee high\_\_\_ or thigh high\_\_\_?  
How long have you worn them?\_\_\_\_\_
- Have symptoms improved? . . . . . Yes\_\_\_ No\_\_\_
5. Do you take pain medication for your varicose/spider veins. . . . . Yes\_\_\_ No\_\_\_  
If yes, does the medication help? . . . . . Yes\_\_\_ No\_\_\_
6. Do you elevate your legs to relieve your symptoms? . . . . . Yes\_\_\_ No\_\_\_  
If yes, does elevating your legs help? . . . . . Yes\_\_\_ No\_\_\_
7. Are your symptoms worse at the end of the day? . . . . . Yes\_\_\_ No\_\_\_
8. What other things do you do to alleviate symptoms?\_\_\_\_\_
9. Have you ever gone to the emergency room because of your varicose veins? . . . . . Yes\_\_\_ No\_\_\_
10. Do you have any family history of varicose/spider veins? . . . . . Yes\_\_\_ No\_\_\_  
If yes, relationship to you\_\_\_\_\_
11. Are you presently employed? . . . . . Yes\_\_\_ No\_\_\_  
If yes, what is your position?\_\_\_\_\_
- Do you sit or stand for long periods of time? . . . . . Yes\_\_\_ No\_\_\_  
If yes, how many hours per day?\_\_\_  
How do your symptoms affect your ability to perform your job?\_\_\_\_\_
13. Are you currently or have you been on any hormone therapy or birth control pills? . . . . . Yes\_\_\_ No\_\_\_  
If yes, please list\_\_\_\_\_
14. Have you ever taken the acne drug Dynacin, Minocin or Minocycline? . . . . . Yes\_\_\_ No\_\_\_  
If yes, please list\_\_\_\_\_
15. Do you experience pelvic pain or fullness? . . . . . Yes\_\_\_ No\_\_\_
16. Do you experience migraine headaches? . . . . . Yes\_\_\_ No\_\_\_
17. Have you ever had a reaction to anesthesia? . . . . . Yes\_\_\_ No\_\_\_
18. Do you have a heart defect? . . . . . Yes\_\_\_ No\_\_\_  
If yes, please describe\_\_\_\_\_
19. Have you had ANY pregnancies? . . . . . Yes\_\_\_ No\_\_\_  
If yes how many?\_\_\_  
Did symptoms worsen after pregnancy? . . . . . Yes\_\_\_ No\_\_\_
20. Are you currently pregnant? . . . . . Yes\_\_\_ No\_\_\_
21. Are you currently nursing/breast feeding? . . . . . Yes\_\_\_ No\_\_\_
22. Do you have or have you had vulvar varicosities? . . . . . Yes\_\_\_ No\_\_\_



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## Patient Demographics

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Last Name	First Name	Middle Initial
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Patient's Date of Birth	Patient's Social Security Number
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Street Address

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City	State	Zip Code
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Home Phone	Cell Phone	Work Phone
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Employer	Employer Address
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City	State	Zip Code
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Responsible Party *(ONLY if the person who carries the insurance is NOT the patient)*

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Last Name	First Name	MI
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Responsible Party's Date of Birth	Responsible Party's Social Security Number
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**\*\*\*PLEASE LIST YOUR REFERRING, FAMILY OR OTHER DOCTOR'S NAME IF YOU WOULD LIKE THEM TO RECEIVE INFORMATION ABOUT YOUR CARE FROM OUR OFFICE\*\*\***

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Doctor 1

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Doctor 2

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Doctor 3

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